

Help destitute refugees across the Channel

Sadly, many refugees are living destitute in Calais and Paris, including some who are unaccompanied children. Their situation is desperate.

That's why this year for Mitzvah Day, we are organising an interfaith trip to take much needed food, clothing and other provisions to Calais and will be volunteering for Care4Calais.

Help us by donating items from the list, volunteering with us on 17-19th November, or by helping us to sort donations ahead of the trip.

What's needed?

- Sleeping bags (even better if they're winter ones and waterproof!)
- Blankets
- Men's new boxer shorts (esp small and medium, tight fit only)
- Socks and gloves
- Men's waterproof walking boots, sizes 38-45 (but most needed sizes 40-43)
- Warm, waterproof winter coats (especially small and medium sizes)
- Food (dried fruit and nuts especially dates), biscuits and cereal bars, cakes, sugar, coffee, tinned food with pull top, cooking oil, UHT milk, Black and Green tea, Long-life juice, red lentils
- Men's jogging bottoms/ jeans, size 26-34 waist
- Hoodies
- Unlocked mobile phones with chargers
- Mobile phone external batteries
- Tarpaulins
- Toiletries e.g. anti-perspirant, shampoo, body wash, toothpaste
- Waterproof trousers
- Thermals (long johns and tops)
- Trainers and shoes
- Emergency blankets

Please bring donations to either:

Finchley and Golders Green Labour Party Office, 38 Church Lane, East Finchley, London N2 8DT

All Saints Church, Lovelace Road, London SE21 8JY

Email cathyashley99@gmail.com and ella@jewishlabour.uk or text on 07931570149 for donation times and more information

Welcome to
THE JUNGLE
POP. 8143
CHILDREN 1496
UNACCOMPANIED 1291

**Mitzvah
Day**

19th November 2017

**CARE 4
CALAIS**

UK Registered Charity #1169048.

French Registered Association #W626003482.